



Pain Management Pathway Update Newsletter - September 2017

Welcome to this month's **Pain Management Pathway Update Newsletter**

Dr Stephen Baird, Chair of CCG and Clinical Leader and Vice Chair of Skegness & Coast – Welcome

Welcome to the latest edition of our newsletter. I am sure that you will find the contents of interest and if you have any contributions, please send them to Martin Jago. His contact details are towards the end of the newsletter.



Reminder of the Key Objectives from the Optimal Design Day

Self-Management: to identify a range of self care / self management tools to sign post patients to.

Pain Management Pathway: to develop and commission a **Community Pain Management Service**

Prescribing: to develop and implement prescribing guidance for the management of pain

Community Pain Management Service Update

It was hoped that a Community Pain Management Service would be commissioned by now. Unfortunately The Pain Management Working Group has been unable to get CCG approval for the service. The group has been asked to review the financial modelling within the business case, this additional work is taking longer than expected.

Despite these challenges the group have managed to keep the momentum of the project moving which the following updates will demonstrate.

Self Management – Reminder

The PM-WG have reviewed “Best Practice” and recommended two self-management websites/tools that health professionals can signpost their patients to:

1. The Pain Tool Kit — <http://www.paintoolkit.org/>
2. Somerset Pain — <http://www.somersetpain.co.uk/>

Each CCG now has a Chronic Pain webpage developed by LWCCG and shared with the other 3 CCGs. GP Practices maybe interested in putting the page on their own website. <http://www.lincolnshirewestccg.nhs.uk/chronic-pain/>

Specification V13

The specification for a proposed service has been drafted in consultation with stakeholders. It is been sent out a number of times for consultation.

Final amendments to the specification are being made, with a new completion date of end of October 2017

Business Case

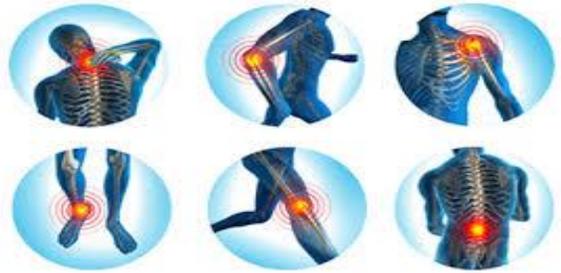
The Business Case for a Community Pain Management Service was sent out to CCGs for approval in June. Feedback from the CCGs was positive about the overall concept of the project, however there were significant challenges around Procurement & Financial Modelling. The Business Case is currently being reviewed, it is hoped to resubmit the Business Case in November/December. This has obviously delayed the procurement timescale, further information to follow

ESCAPE

We know that physiotherapy plays a vital role in the patients recovery, we also know that that we have a challenge in bridging the gap between physiotherapy and psychological support.

The PM-WG is currently looking at the ESCAPE (for patients with hip and knee pain) programme with physiotherapist from ULHT and private providers to see if the programme could bridge the gap and be of use across Lincolnshire. The plan is to pilot the programme with a number of providers.

For further information about ESCAPE please follow the link: <http://www.escape-pain.org/>



BeST

Back Skills Training (BeST) is a Combined Physical Psychological Programme. It is a group based programme delivered through 6 x 1½ hrs which can be delivered in a range of setting. Approved health care professionals work with patients to understand and manage their back pain.

A pilot is being set up to see if the programme will be of benefit to patients

Prescribing Update V8

Over the last 10 months The Pain Management Formulary has gone through a comprehensive review with support from PACEF. In July PACEF felt that they could approve the formulary for general distribution to Primary Care.

The formulary was distributed electronically during August 2017 to primary care for implementation and to all stakeholders & providers for information. It is hoped to put the formulary onto the clinical systems in primary care for ease of access .

The formulary will be maintained and updated through PACEF.



Contact Details

Should you have any comments, advice or want to get involved further please contact: martin.jago@lincolnshireeastccg.nhs.uk